

Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
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www.CommunityofInfiniteSpirit.org 501(c3) non-profit religious organization



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Dear Friends of CIS,

## "Finding Our Happy Place!" by Rev. Christine Emmerling

Regardless of what is going on in our world we can find our happy place. That place within us where all is good, peaceful, and we receive inspiration and guidance. We have a choice to focus on our problems and let them dominate our life, or we can put them aside, prioritize our energy and time by going to the source, to the creator within us.

First things first! First go within to meditate silently, and then we find everything else comes into place. At least our energy will be lifted so we have a better attitude and can see things clearer. Focusing on the Omnipresence of God is a good starting place. Allow this Presence to reveal itself. In Matthew 7:7-8 we are told "Ask, and it shall be given you; seek, and you shall find; knock, and it shall be opened unto you: For every one that asks receives; and he that seeks finds; and to him that knocks it shall be opened."

To begin with, who are we asking? As we go within quieting our thoughts, our emotions become calm and we feel balanced and at peace. It is in this calmness that we touch a Presence within us. Some call this Presence - God, Universal Mind, Infinite Spirit, or the Christ Mind. This Presence is a state of pure consciousness, a very high vibration of pure love and all knowledge, and that we are of its very nature. We forget when we are so engrossed in the worldly life that this is our true power and source and that we are all one.

It is up to us to make time to connect and know who we are in Truth. When we "ask" we are asking this Infinite Presence that is this aspect of us. When we go inward turning away from all appearances, we may focus on our breathing, affirm Truth, chant or sing all to quiet our mindless thoughts. In the stillness of mind, we are ready to seek and knock so to speak. We are the one awakening to this Presence. This Infinite Spirit within us is always present, but awaits our return, our acknowledgement, our knocking. Then abiding in our Oneness of God, what we desired to know is revealed. The true pearls of wisdom are received. The Light of God renews our mind, body and soul.

## "Our Divine Gift" by Rev. Mark Stuefloten

In January I put together my New Years Resolutions and recorded them in my journal. I am always very enthusiast about my resolutions. By February I have trimmed the list. How I decide what to keep and what to put aside all depends on how I feel about the goal. Am I losing interest in the goal? Am I making any head way with the project? I am aware that it is only the second month of the new year and that's why I put aside a goal that is not working for me, or a goal I have lost interest in. Nothing on my New Years Resolution list is ever discarded; my goals and ideas are in my journal. I review my journals from time to time and I'll see a goal or a creative idea that did not work for me in the past, but it is just what I need now. I believe we should live

our lives focused on the present moment and be enthusiastic and curious about the future. Saint Paul said it right, "I press on toward the goal to win the prize." Philippians 3:14

Be self-motivated and curious about life. Our lives are special; not all souls are given the gift of a life on mother earth. Not all souls choose to journey to earth and live a human life. Instead of feeling burned out by challenges, think of them as lessons to solve and to increase your skill level. Saint Paul tells us to "Be Thankful in all things." Paul said this because he knew life in the human experience was a gift and a privilege. Our life is eternal, but our human experience is brief. So, join me this year in seeing everything as it is, a Divine opportunity, and praise God for the gift of a human experience.

**Ways to Feed Your Soul:** Sunday Service live at 11am PT, and Wednesday Meditation at 6 PM PT: Feb. 7<sup>th</sup> Chakra by Rev. Christine; Feb. 14<sup>th</sup> Chakra by Rev. Teresa; Feb. 21<sup>st</sup> Contemplative Meditation by Rev. Mark; Feb. 28<sup>th</sup> Chakra – Rev. Sheree. You may call in to both at 1-518-418-1389.

Website, www.CommunityofInfiniteSpirit.org and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have two Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information 831-313-1696.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

## SPIRITUAL SUPPORT

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Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or gsheree216@gmail.com

**Your Donations Make a Difference:** Your donations go to support this ministry and non-profit charities. To donate go to our website at <a href="https://www.communityofinfinitespirit.org/donate">https://www.communityofinfinitespirit.org/donate</a>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

## Your Board of Directors in Service with Love and Joy,

President Rev. Mark Stuefloten; Vice-President Cheryl Magill Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

Our Creed is Love - Our Path is Service - Our Goal is God Awareness!