



Community of Infinite Spirit (CIS)  
A Divine Science Ministry & School  
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501(c3) non-profit religious organization



April 2024

Dear Friends of CIS,

**Beginning April 16<sup>th</sup>**, Tuesday 7pm PT, the Zoom Book Study Group starts its next book by Don Miguel Ruiz *The Voice of Knowledge*. Contact Rev. Christine to receive your Zoom invite.

***“Our Resurrecting Life!” by Rev. Christine Emmerling***

We just celebrated Easter Sunday and the resurrection of Jesus the Christ. For us resurrection, a renewal of life, can happen every morning as we wake up after a night’s sleep. We have a new way of seeing life. It’s about a renewal of consciousness, an awakening of who and what we are in Truth. We awaken to our true soul’s identity as an expression of God, of Infinite Spirit.

We see resurrection happening in nature as spring flowers pop their heads through the ground after the long winter, and bushes and trees come alive with new growth. A beautiful butterfly’s story begins as a lowly worm, and then creates its cocoon to hibernate in. This is the worm’s time of transformation into a butterfly; from crawling upon the ground to now having wings, and is flying in the air from flower to flower. A complete change in consciousness has taken place.

We come to this earthly experience as a helpless infant with a physical body. We learn to crawl and eventually walk like those that came before us. We go through our transformations physically, mentally and emotionally. Then we have our spiritual awakening. We realize that we are much more than just a physical being. We too awaken to find that our soul can fly. We have the capability to move through dimensions of reality. Some call this astral travel or soul travel.

Eventually we awaken to our Divine connection, and our innate spiritual powers to consciously effect our experiences. We learn to take charge of our thoughts and beliefs. We renew ourselves not just by sleep, but through connecting directly with our source through silent meditation and timeouts throughout the day in recognition of our true source. We serve in helping and teaching others in knowing their true Self. Our light begins to shine brightly. One day we fully awaken to knowing our oneness with everyone, all life and our Creator God. When our soul is ready we ascend as our eternal light body. Then soar through the dimensions and universes of God’s kingdom to live in the mansion that has many rooms to experience.

***The Joy of Laughter by Rev. Mark Stuefloten***

April is famous for its’ “April showers bring May flowers.” A famous April song is Pat Boone’s “April Love.” April is also known as “National Humor Month.” It celebrates and publicizes the therapeutic value of humor. Laughter and joy are the bench marks of humor. April Humor Celebration begins on April Fools Day, April 1st.

I intentionally smile often, even when things are not rolling so well. Smiling is part of my spiritual practice. When I smile, mood enhancing messages called endorphin within me tell my body everything is good and I am able to resolve my troubles much more easily. When I smile, many times people smile back. That is a positive spark that lights up a moment. If you keep a smile

on, imagine how well your day will go and how many positive connections you'll make.

Laughter is a great release of stress. Laughter is a physical work out. Laughter stimulates many organs. Laughter enhances your exigent-rich air. Laughter stimulates your heart, lungs and muscles, and increases the endorphin that are released by your brain. Laughter activates your relaxation response and relieves your stress response. When Jesus gathered with his friends, Mary, Martha and Lazarus, he enjoyed good enlivening conversations that included much joyful laughter. Take time to fill your life with love and joyful laughter.

**Ways to Feed Your Soul:** Sunday Service live at 11am PT, and Wednesday Meditation at 6 PM PT: April 3<sup>rd</sup> & 24<sup>th</sup> Chakra by Rev. Christine; April 10<sup>th</sup> Chakra by Rev. Teresa; April 17<sup>th</sup> Contemplative Meditation by Rev. Mark. You may call in to both at 1-518-418-1389.

Website, [www.CommunityofInfiniteSpirit.org](http://www.CommunityofInfiniteSpirit.org) and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have two Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information 831-313-1696.

**Daily Affirm the Divine Science Statement of Being:** "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

## SPIRITUAL SUPPORT

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or [infinitepirit@comcast.net](mailto:infinitepirit@comcast.net),  
Rev. Mark Stuefloten cell 408-612-1064 or [mstuefloten@yahoo.com](mailto:mstuefloten@yahoo.com),  
Rev. Teresa Stuefloten M.Div, cell phone 408-888-4637 or [teresastuefloten@yahoo.com](mailto:teresastuefloten@yahoo.com).  
Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or [gsheree216@gmail.com](mailto:gsheree216@gmail.com)

**Your Donations Make a Difference:** Your donations go to support this ministry and non-profit charities. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

### **Your Board of Directors in Service with Love and Joy,**

President Rev. Mark Stuefloten; Vice-President Cheryl Magill  
Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett  
At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

**We are a light unto the world for individual and global peace,  
spiritual understanding and abundant life!**

**Our Creed is Love  
Our Path is Service  
Our Goal is God Awareness!**