



Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
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Dear Friends of CIS,

“The Light that is Ever Shining Brightly” by Rev. Christine Emmerling D.D.

This year Father’s Day is celebrated on June 21st and is also on the first day of summer. The summer solstice for us in California is on June 20th while in other parts of the world it’s on June 21st. The sun is referred to in terms of masculine energy and so is God. This great light in our sky is also symbolic of the light within us.

John 1:4 says, *“In Him was life, and the life was the light of men.”* Metaphysically the sun represents the Christ light of Jesus and all enlightened beings. The I Am-God, is the light that shines in all life. We are light! We are emanations of light, in its many variations and vibrations of light. Thinking we are solid matter and everything that comes with that belief is the great illusion to overcome. Nothing is as it appears. We can only have instantaneous healings because we are light, spirit as form and not solid matter.

I believe that Jesus the Christ didn’t go around seeing sick, blind or disabled people. He knew the truth which enabled him to see past the visual to their true nature as God created of itself; pure spirit, pure light, whole, perfect and complete. As we treat for another let us remember to see through the eyes of God, to know the perfect reality, the divine pattern of light and life. We understand the unreality of the appearance and speak the truth. We are full of gratitude for this truth that we know is allowing the good to appear in place of sickness or lack of any kind and is dissolved into the nothingness from which it came. The illusion has no power of its own and is only stained by our belief in it to have any power.

Our body has a natural ability to restore itself. What gets in the way of our restorative process? As young children we are told someone else’s belief that is false and take it on as our belief. Then our body begins to respond according to our acquired belief. Inharmonious thoughts and feelings create uneasiness in our body temple and may create an imbalance in our immune system and interfere with our restorative process. We were given dominion of this body, and we need to take it and use it for good. That means to be a good shepherd watching over our thoughts, beliefs and actions. Question, by whose authority is this true? Is it in alignment with what we know of God, of Principle in Oneness and Love? If not, then release and let it go.

Affirm: God is the light that I am, and I am shining brightly.

“How is Your Garden Growing?” by Rev. Teresa Stuefloten, M.Div.

June is growing season in the garden. The little cherry tomato plants that were planted in my garden a month or so ago are really taking off now. They are tall and growing out the sides of their tomato cages. My tomatoes have an automatic irrigation system, so their needs are met for their continued growth. They will be bearing fruit soon and we will be enjoying their sweetness.

It's time to ask: How is your spiritual garden growing? Is your spiritual garden blooming with peace and joy? Or are there weeds of negativity needing to be pulled? Have you been watering your spiritual garden with regular meditation and prayer, or have other things gotten in the way?

We are in a challenging time right now with all that is happening in the world. Our spiritual practices are more important than ever for our peace of mind and living effectively in the physical world. Like the cherry tomatoes that have their needs met with a watering system, we need a regular meditation practice that brings peace to our mind and nervous system. It's easy to get upset and even angry with what is reported in the news. Daily meditation purifies the mind, clarifies awareness, strengthens the immune system, reduces stress, and weakens negative subconscious influences.

If you have been neglecting your meditation practice, it's time to pull the weeds of negativity and neglect. Like the tomatoes that thrive with regular watering, we thrive with regular meditation, prayer, and time for contemplation. Self-discipline is needed to establish a routine and keep it going on a daily basis. Don't let the weeds take over your spiritual garden. Tend your spiritual garden lovingly and enjoy the sweetness of God communion. The abundant harvest is worth the effort!

Ways to Feed Your Soul

Call in at 1-518-418-1389 for the Sunday Service live Podcast at 11am PT, and Wednesday Chakra Meditation at 6pm PT. Go to our website, www.CommunityofInfiniteSpirit.org and click on "Healing Words" to listen to the Sunday service and Wednesday meditations or read them. Click on Facebook, Instagram and YouTube for our Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969. Divine Science courses are available by correspondence and online by Zoom. We have two metaphysical book study groups you can join online via Zoom. Contact Rev. Christine for more information 831-313-1696 or infinitepirit@comcast.net.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am an individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

Spiritual Support

Rev. Christine Emmerling D.D. at 831-313-1696 / cell 408-293-3838 infinitepirit@comcast.net,
Rev. Teresa Stuefloten M.Div. cell 408-888-4637 or teresastuefloten@yahoo.com.

Your Donations Make a Difference: Your donations go to support this ministry's work. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send it to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

In Service with Love and Joy,

President Cheryl Magill; Secretary Rev. Teresa Stuefloten, M.Div.;
Treasurer Sheree Garrett; At-large Debbie Yardley;
Ex-officio Rev. Christine Emmerling, D.D.

for individual and global peace,
spiritual understanding and abundant life.

Our Creed is Love
Our Path is Service
Our Goal is God Awareness!

Our mission is to be aware of the Infinite Spirit that is All, both invisible and visible.
To live a God inspired and fulfilling life in peace, love and joy.
To teach Universal Principle of "Omnipresence."
To respect all world religions, all people and all life.
To be a supportive spiritual community for the good of all.