



Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
Office: 1160 Richard Rd, Hollister, CA 95023
408-293-3838 / 831-313-1696
[infinitepirit@comcast.net /](mailto:infinitepirit@comcast.net)
www.CommunityofInfiniteSpirit.org
501(c3) non-profit religious organization



March 2023

Dear Friends of CIS,

Officially Pacific Daylight Savings Time begins March 12, early Sunday morning at 2am. That is, we change our clocks forward from 1am to 2am or by one hour

“Finding Your Pot of Gold” by Rev. Christine Emmerling

March is known for coming in like a lion and going out like a lamb. Certainly, this year it's living up to this with all the cold stormy weather we're having. Amazingly, earlier this week we even had snow on our Santa Cruz beaches and surrounding mountains. Such a beautiful sight, but burr its cold outside. Here in the west coast, we also have trees blooming beautiful blossoms in pink and white. We also have buds peeking out of the ground that soon show to be colorful tulips and daffodils. We now have the evidence of new life following the barren of winter; our hopes have turned into unbounded faith.

We find in the early Roman calendar that March was known as the beginning of the new year. Back then the Spring Equinox was celebrated as the new year and beginnings before there was January and February. For many years, I have felt a natural sense of newness stirring up within me as early spring approaches. Tradition has us doing spring cleaning. We clear out the dust, dirt and cobwebs gathered through the winter months. I have visions of grandma beating the rug with a broom stick, and sheets hanging outdoors to dry on the clothesline. Of course, now we have modern means for these chores.

Clearing out the old to prepare for the new is the theme of springtime. As a spiritual practice let us take this time of year to look at what we can clear out of our thoughts and then replace with something that better serves us. Let us clear out those dusty old thoughts that keep us stuck in the past, such as those painful memories that we repeat over and over. When having thoughts of anger, guilt or shame apply compassion and forgiveness. Having thoughts of fear focus on love and courage. Having judgmental and complaining thoughts think about things to appreciate and have gratitude. Replace sadness with happy thoughts, smiles and laughter. Take this time of year to clear out those thoughts hidden in the dark crevices and closets of our mind into the light of day. Let us now be lifted into a beautiful rainbow of light and find our true pot of gold.

“Lent A Time to Let Go” by Rev. Mark Stuefloten

As Ash Wednesday approaches, I am thinking about what to give up for Lent. I am better at deciding what New Year's Eve resolutions I am going to make. I am good at making to-do lists and following through. But letting go of things, I am not so quick with a list.

I have a garage filled with boxes of stuff. I have an attic with boxes of books. I don't even remember what is in each box. So, I am thinking of getting rid of five boxes, or more, for Lent. I am going to start by opening them up to see if it's something I still need. Either I'll start using it, or it's off to Goodwill, or to the dump. Clearing physical spaces, and letting go of stuff you have been carrying around, like extra belly weight, once gone, will cause you to feel lighter. It sets you free. Holding

onto stuff steals energy from you. There is no room for fresh ideas because too much stuff is in your home and on your mind.

I bought a book by Peter Walsh called, "Lighten Up." It's about getting rid of all of the stuff. Peter said that the stuff that we keep affects us physically, mentally, and financially, and I know it also affects us spiritually. So, I am ready now. I know what I am going to let go of for Lent: stuff, the stuff that has been weighing me down in so many ways.

Ways to Feed Your Soul

Sunday Service live Podcast at 11am PST, and Wednesday Chakra Meditation at 6pm PST call in to both at 1-518-418-1389.

Website, www.CommunityofInfiniteSpirit.org and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have two Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

Spiritual Support

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or infinitepirit@comcast.net,
Rev. Mark Stuefloten cell 408-612-1064 or mstuefloten@yahoo.com,
Rev. Teresa Stuefloten M.Div, cell phone 408-888-4637 or teresastuefloten@yahoo.com.
Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or gsheree216@gmail.com

Your Donations Make a Difference: Your donations go to support this ministry and non-profit charities. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

In Service with Love and Joy,

President Rev. Mark Stuefloten; Vice-President Cheryl Magill
Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett
At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

We are a light unto the world,
for individual and global peace
Spiritual understanding and abundant life.

Our Creed is Love
Our Path is Service
Our Goal is God Awareness

Our mission is to be aware of the Infinite Spirit that is All: both invisible and visible.
To live a God inspired and fulfilling life in peace, love and joy. To teach Universal Principle of "Omnipresence."
To respect all world religions, all people, and all life. To be a supportive spiritual community for the good of all.