



Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
Office: 1160 Richard Rd, Hollister, CA 95023
408-293-3838 / 831-313-1696
infinitespirit@comcast.net /
www.CommunityofInfiniteSpirit.org
501(c3) non-profit religious organization



November 2022

“Gratitude is a Tonic for Our Soul” by Rev. Christine Emmerling

November 24th is Thanksgiving Day, an annual holiday dedicated to being thankful and having gratitude for our lives and those in it. I like to think of gratitude as a tonic for the soul. Thankfulness is something that keeps our soul happy and feeling fulfilled. Gratitude is like a salve for the body that heals all things. I prescribe a dose of gratitude every morning, and 2 doses of thankfulness every evening before bedtime.

Upon awakening I say “Good morning God, thank you for this beautiful day.” It doesn’t matter what the weather is, the day could be rainy, foggy, windy, cloudy or the bluest of skies. Why? Because everything has its own beauty just because God created it for me, and for everyone to appreciate and be joyous.

If we look hard enough, we can find the good and the uniqueness of each day. When we are in the moment being fully present in the now our eyes and ears are opened to seeing and hearing things we normally wouldn’t notice. Suddenly we see a butterfly winging by, or a bird singing in a nearby tree, a squirrel running along the fence going from tree to tree gather nuts for the cold days of winter. We look up and see a colorful sunset or an outstretched rainbow. It may just be your favorite TV show is back on to relax with after a busy day. An old friend or family member calls to say “Hello, how are you?”

I am grateful today for my car and my daughter who drove it so we could visit together with my sister and her visiting son. I am grateful for my family close by and those that live far away. And I am grateful for the phone so I can communicate with them. I am grateful for my computer so I can reach out to people, keep up on the goings on in the world, and can search and learn. That is just the tip of the ice burg, and this list can go on and on. This is such a better list than having our list of woes which only bring our mood and energy down. Reviewing our blessings really does improve our sleep, our health, our disposition, and how we see life. Let’s enjoy our Thanksgiving Day each and every day.

“Making Special Moments” by Rev. Mark Stuefloten

I was in two YMCA programs for fathers and daughters with my two daughters, Adrienne and Hannah, when they were in elementary school. In September the programs started back up after a summer break with a hay ride in a wagon pulled by two horses. Our group met one Thursday a month in member’s homes, rotating hosts. In October we had a pumpkin carving contest and a weekend camp out. In November we had our monthly meeting making paper cut-out turkeys to decorate for our Thanksgiving tables. In December we marched together in the Los Gatos Christmas Parade in our uniforms, along with other groups in the program.

Taking time to regularly spend time with your children and grandchildren, having fun together, and time to have one on one conversations, creates memories and opportunities to really know each other. Taking time to just hang out together, enjoying the moment, is the glue that bring us closer and is the glue that keep us happily together throughout the ups and downs

of life. Take time to be with the people you love and show appreciation for them. They are blessings in our life.

Ways to Feed Your Soul

Sunday Service live Podcast at 11am PDT, and Wednesday Chakra Meditation at 6pm PDT call in to both at 1-518-418-1389.

Website, www.CommunityofInfiniteSpirit.org and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

Spiritual Support

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or infinitepirit@comcast.net,
Rev. Mark Stuefloten cell 408-612-1064 or mstuefloten@yahoo.com,
Rev. Teresa Stuefloten M.Div, cell phone 408-888-4637 or teresastuefloten@yahoo.com.
Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or gsheree216@gmail.com

Your Donations Make a Difference: Your donations go to support this ministry and non-profit charities. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

In Service with Love and Joy,

President Rev. Mark Stuefloten; Vice-President Cheryl Magill
Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett
At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

We are a light unto the world,
for individual and global peace
Spiritual understanding and abundant life.

Our Creed is Love
Our Path is Service
Our Goal is God Awareness

Our mission is to be aware of the Infinite Spirit that is All:
both invisible and visible.
To live a God inspired and fulfilling life in peace, love and joy.
To teach Universal Principle of "Omnipresence."
To respect all world religions, all people, and all life.
To be a supportive spiritual community for the good of all.