



Community of Infinite Spirit (CIS)  
A Divine Science Ministry & School  
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501(c3) non-profit religious organization

Happy  
New  
Year

January 2023

Dear Friends of CIS,

The Zoom Book Study Group begins a new book on January 10, 2023, Tuesdays at 7pm PT. You are invited to join us as we study Gregg Braden's book *The Science of Self-Empowerment; awakening the new human story*. To join this group, send an email to receive your Zoom invite.

### **“Goodbye 2022 - Hello 2023” by Rev. Christine Emmerling**

It is a long tradition in January to create goals for the new year. But January is also about reflection of the past year. January is named for the Roman God Janus. Janus represents endings and beginnings, and is considered the doorway between the past and future. It is a necessary process before moving forward to first look back. As we celebrate our new year of 2023 let us begin by reflecting from this time last year.

Viewing life like a spiral, ever expanding and going upward, as we progress in consciousness. Then we find in the spiral there is a point that we dip a little backwards before rising upward again. It's like we take three steps forward and one back before rising again. This backstep gives the momentum to rise even further. Somewhat like a spring that we can add a little bounce for an extra boost of energy. This dipping is our period of reflection as we learn from our mistakes, losses and even our successes.

Gratitude for all of our experiences is so important in our growing and healing. We may judge our experiences bad or good or somewhere in between. But in Truth there is only good because we grow through them all, and especially those that are painful. These painful experiences make us dig deeper into our soul and seek spirituality. We can ask ourselves, “How could I have handled this differently?” and “How have I grown as a spiritual being?” Then we give thanks for this opportunity to see it differently by turning it into a blessing.

Now we are ready to take our next steps into 2023. We look to the future by integrating our new revelations. Then we take quiet time for receiving inner inspiration and guidance. We do this through our spiritual practices of study, meditation and prayer. We look at what is left to be healed. Then how we can best unfold as a spiritual being, and serve our family, friends, humanity, and the world.” This is our boost back upward on our spiral of life. Happy 2023!

Affirmation: In 2023 I expand my capacity to express love, wisdom, joy and peace.

### **“Life in the New Year” by Rev. Mark Stuefloten**

I write New Year's intentions, not New Year's resolutions. I have for many years written down my New Year's intentions in my journals, and I review them from time to time. Some intentions I have not yet achieved. Past intentions that I have not mastered include juggling, the yo-yo, improving my typing skills, and learning Spanish. Some intentions that I have failed at achieving I have moved to the next year's list. If you're wondering if any of the above have been moved to this year's list, the answer is no.

I have come to believe God has enough talented jugglers and yo-yo masters, and I get by with my rudimentary typing skills. Learning Spanish might still make it to a future list. I am happily doing the work God intended for me to do, and enjoying the life that I am fortunate to have been given.

## Ways to Feed Your Soul

Sunday Service live Podcast at 11am PST, and Wednesday Chakra Meditation at 6pm PST call in to both at 1-518-418-1389.

Website, [www.CommunityofInfiniteSpirit.org](http://www.CommunityofInfiniteSpirit.org) and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have two Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information.

**Daily Affirm the Divine Science Statement of Being:** "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

## Spiritual Support

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or [infinitepirit@comcast.net](mailto:infinitepirit@comcast.net),  
Rev. Mark Stuefloten cell 408-612-1064 or [mstuefloten@yahoo.com](mailto:mstuefloten@yahoo.com),  
Rev. Teresa Stuefloten M.Div, cell phone 408-888-4637 or [teresastuefloten@yahoo.com](mailto:teresastuefloten@yahoo.com).  
Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or [gsheree216@gmail.com](mailto:gsheree216@gmail.com)

**Your Donations Make a Difference:** Your donations go to support this ministry and non-profit charities. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

## In Service with Love and Joy,

President Rev. Mark Stuefloten; Vice-President Cheryl Magill  
Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett  
At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

We are a light unto the world,  
for individual and global peace  
Spiritual understanding and abundant life.

Our Creed is Love  
Our Path is Service  
Our Goal is God Awareness

Our Mission is to be aware of the Infinite Spirit that is All; both invisible and visible.  
To live a God inspired and fulfilling life in peace, love and joy.  
To teach Universal Principle of "Omnipresence."  
To Respect all world religions, all people, and all life.  
To be a supportive spiritual community for the good of all.