



Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
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501(c3) non-profit religious organization



October 2024

Dear Friends of CIS,

“Our Expectations” Rev. Christine Emmerling DD

Every season has its characteristics. The month of October brings chilly mornings and the last harvest of the year. Along our neighborhood streets we have leaves changing colors and many falling to the ground. Our stately evergreen trees, mostly pine, cedar and redwood, sway in the wind. Pumpkins abound in windows and on porches. Autumn is here in full array.

For us in California fire season comes to an end. Growing up we didn't hear of fire season. We had rainy season, cold and flu season, planting season, harvest season, vacation season and holiday season. Without realizing it that by having fire, cold and flu as seasons we're now expecting these. Yes, we can expect our seasons of winter, spring, summer and fall. Although their weather may somewhat change from year to year, but we do know the season will come.

So why do we want to expect a season of fires, or colds and flus? If we don't want these kinds of seasons, then on an individual basis we can begin to see this differently. First by knowing it doesn't have to be. They became known as seasons by observation and then claimed as fact. In Divine Science we understand that observation and facts can change. They do not stand up to the test of an eternal truth. Then we reframe by changing our words, and put our energy on what we do want. What I'm talking about here can be applied to many other conditions and circumstances.

There is the saying “As within, so without” meaning what is going on within us will also become manifested in our world of experience. Metaphysically uncontrolled fires represent anger that is burning within the collective unconscious. In other words, many people are angry and this anger can be suppressed at a subconscious level and can even turn to depression. Metaphysically a cold or flu represent being stressed, and wanting rest and relaxation. I have observed that the first few weeks of the school year children often get colds. The common denominator is change. The change of grade, teacher, students and expectation which can all be stressful to a child.

People believe in contagion as in catching flu bugs from each other, but if there is any catching it's more like catching consciousness – beliefs and agreement. News media, weather forecasters, and advertisers inundate people with all these negative conditions on a mass scale. We do have our work cut out for us. Beginning right now as many up their vitamin supplements, we up our beliefs, faith, spiritual studies, meditations, and affirmative prayer. Take time for the things that bring joy and fulfillment. Remember to love, be kind and laugh a lot. Now laughter is releasing and healing, and also catching. We can call it “Laughter Season” and have our whole world in joyous laughter.

“October is Calling!” by Rev. Mark Stuefloten

October is a wonderful time of the year. October is the gateway to months of celebrations: Halloween, Thanksgiving, Christmas and New Year. Also, my birthday is October 7th and I will be 71 this year! Halloween Eve has always been a favorite evening for me. I love the memories of going to Halloween parties at the old Lutheran church, and taking my daughters trick or treating. My daughters and I would stop by my Aunt Helen's house and she would give my daughters a

huge handful of candy and big hugs. Halloween has no pressure to buy gifts or make a turkey dinner for family and friends. It's just a night of spooky fun! God did not create us to labor continually, but for a balanced life. Don't put off the fun times to finish one more item on your to-do list. Jesus loved his friends and the good times they had. I believe Jesus laughed and danced and celebrated life. Why not do the same?

Ways to Feed Your Soul: Sunday Service live at 11am PT, and Wednesday Meditation at 6 PM PT: Oct. 2nd Chakra by Rev. Christine; Oct. 9th Chakra by Rev. Teresa; Oct. 16th Divine Science Meditation by Rev. Mark; Oct. 23rd Chakra by Rev. Sheree; Oct. 30th Rev. Christine. You may call in to both at 1-518-418-1389.

Website, www.CommunityofInfiniteSpirit.org and click on "Healing Words." For your listening and reading pleasure; we have inspirational writings, Sunday talks, and readings & meditations. Click an icon for Facebook, Instagram & YouTube: Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and by Zoom. We also have two Zoom metaphysical book study groups. Contact Rev. Dr. Christine for more information 831-313-1696.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am the individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

SPIRITUAL SUPPORT

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or infinitepirit@comcast.net,
Rev. Mark Stuefloten cell 408-612-1064 or mstuefloten@yahoo.com,
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Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or gsheree216@gmail.com

Your Donations Make a Difference: Your donations go to support this ministry and non-profit charities. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

Your Board of Directors in Service with Love and Joy,

President Rev. Mark Stuefloten; Vice-President Cheryl Magill
Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett
At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

**We are a light unto the world for individual and global peace,
spiritual understanding and abundant life!**

**Our Mission is to be aware of the Infinite Spirit that is All:
both invisible and visible: To live a God inspired and fulfilling life
in peace, love and joy.**

**To each Universal Principle of "Omnipresence."
To respect all world religions, all people and all life.
To be a supportive spiritual community for the good of all.**

**Our Creed is Love
Our Path is Service
Our Goal is God Awareness**