



Community of Infinite Spirit (CIS)
Divine Science Ministry & School
Office: 1160 Richard Rd, Hollister, CA 95023
408-293-3838 / 831-313-1696
infinitespirit@comcast.net /
www.CommunityofInfiniteSpirit.org
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Dear Friends of CIS,

“I Feel Good!” by Rev. Christine Emmerling D.D.

Songs have a way of speaking to our soul. I have two favorite healing songs that come to mind. The first is The Body Song (artist's name unknown) and is sung to the tune of My Bonnie Lies Over the Ocean. The other is The Healing Song by Karen Drucker. We sang these in church many times. See the words below.

The power of music helps us feel alive and good when singing such life affirming songs. According to science our cells are listening and reacting to the vibrational frequency of our words. Our cells love to hear the truth about who they are. Cells love to be spoken to with loving kindness. The very DNA of our cells shrinks when spoken unkindly too and lengthens when spoken with words of gratitude and love. There is a part of our DNA that our thoughts can write on top of its original code to support and heal or be self-destructive.

People have been taught to blame the body or outer influences for their lack of good health. They believe the body has all the power on its own to be sick and well. We are reminded that our soul is in the driver's seat as the commander of our body. It is ours to have dominion over, and not the other way around. Be a good shepherd of our thoughts and beliefs; feed the ones that support and remove the ones that don't belong.

The Body Song:

1. I love every cell in my body. I love every muscle and bone; I love every cell in my body. I'm glad I have one of my own! Praise God, Praise God! I have a wonderful body now! Praise God, praise God! I'm glad I have one of my own!
2. I love every facet of myself. I love all the parts of my "bod"! Why shouldn't I love all of myself? I'm made in the image of God! Praise God, praise God! I love every part of my body now! Praise God, praise God! I'm made in the image of God!
3. I love all the beauty I'm seeing. I love all the sounds that I hear. I'm thankful for tasting and smelling. I'm thankful for eyes, nose and ears. Praise God, praise God! I have a wonderful body now! Praise God, praise God! I'm glad I have one of my own!
4. I'm thankful for arms I can hug with! I'm thankful for smiles I can give. I'm thankful for legs I can walk with. I'm a blessing each day that I live. Praise God, praise God! I have a wonderful body now. Praise God, praise God! I'm a blessing each day that I live.

The Healing Song:

Joy fills every cell of my body. Every cell is alive with love. I relax into the healing process. I allow spirit to do what it does. Joy fills every cell of my body. Every cell is alive with love. I relax into the healing process. I allow spirit to do what it does. (Verse 2 replace "Joy" with "Peace" and verse 3 with "God.")

“Live With Love” by Rev. Teresa Stuefloten, M.Div.

October 1st will be 2 years since my beloved Rev. Mark Stuefloten passed from this earthly realm to the greater realm beyond. I still miss him every single day. He was a wonderful person, kind, caring and compassionate. He was selfless, wanting most for others to be happy. He was

helping others his entire life, starting with visiting elderly shut-ins when he was just in his 20s. He was a minister long before he had the official title. This is the way to live, reaching out to those who need a hand in love and compassion. Many people came to Rev. Mark's celebration of life to honor his life.

As the song "Living on Love" played in my exercise class, I thought of Rev. Mark and the love we shared in almost 52 years of marriage. We married young and did not have a lot in the early years, but we were happy just being together. I remember coming home after attending a concert and thinking that our life was so perfect. We didn't have much materially, but we had our little girls, we had each other and we had love. And we always had our spiritual life together. We had everything that was truly important.

Today I am attending the celebration of life for a man in my exercise class who lived many years with a prosthetic leg and always had a smile on his face, a loving heart and a kind word for others. A person who has cancer was inspired by him and said if he can exercise, then she can, too! He brought light to others with his friendly smile and upbeat attitude. This is the way to live.

A friend told me a funny story about attending a funeral for a friend at our local Catholic Church and agreeing to ride to the burial service with a friend that she had had a rift with. There was a line of cars outside after the service and the friend driving assumed it was a funeral procession and got in line. After sitting and talking a long time, they realized it was not a funeral procession; it was the line of parents waiting to pick up their children from the Catholic school, because it was Wednesday and the children get out at noon! They laughed that this was the doing of their friend who had passed, getting them to repair their relationship. By the time they got to the cemetery the graveside service was over, but the real purpose, rekindling love in their relationship, was done.

The end of October is the celebration of Dia De Los Muertos in the Mexican culture, a day to honor those who have gone before us to the life beyond. Halloween started as All Hallows Eve, All Saints Day. There are many other traditions around the world at this time of the year to remember and honor the dead. Send loving thoughts to those you love who have passed on and feel gratitude for their role in your life. We know that there is truly no death. There is life and more life. Love never ends.

Ways to Feed Your Soul

Call in at 1-518-418-1389 for the Sunday Service live Podcast at 11am PT, and Wednesday Chakra Meditation at 6pm PT. Go to our website, www.CommunityofInfiniteSpirit.org and click on "Healing Words" to listen to the Sunday service and Wednesday meditations or read them. Click on Facebook, Instagram and YouTube for our Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969. Divine Science courses are available by correspondence and online by Zoom. We have two metaphysical book study groups you can join online via Zoom. Contact Rev. Christine for more information 831-313-1696 or infinitepirit@comcast.net.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am an individualized expression of God, and am ever one with this perfect life, perfect love and perfect substance."

Spiritual Support

Rev. Christine Emmerling D.D. at 831-313-1696 / cell 408-293-3838 infinitepirit@comcast.net,
Rev. Teresa Stuefloten M.Div. cell 408-888-4637 or teresastuefloten@yahoo.com.

Your Donations Make a Difference: Your donations go to support this ministry's work. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send it to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

In Service with Love and Joy,

President Cheryl Magill; Secretary Rev. Teresa Stuefloten, M.Div.;
Treasurer Sheree Garrett; At-large Debbie Yardley;
Ex-officio Rev. Christine Emmerling, D.D.

Our Vision

We are a light unto the world,
for individual and global peace,
spiritual understanding and abundant life.

Our Creed is Love

Our Path is Service

Our Goal is God Awareness!

Our Mission is to be aware of the Infinite Spirit that is All:
Both invisible and visible.

To live a God inspired and fulfilling life in peace, love and joy.
To teach Universal Principle of "Omnipresence."
To respect all world religions, all people, and all life.
To be a supportive spiritual community for the good of all.