



Community of Infinite Spirit (CIS)
A Divine Science Ministry & School
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501(c)3 non-profit religious organization



March 2026

Dear Friends of CIS,

“Another Beautiful Day” by Rev. Christine Emmerling D.D.

The month of March transitions from winter to spring; comes in like a lion and goes out like a lamb. It's known for blustery days while children fly their kites high up in the sky, and new life springing forth everywhere. Here in California, we have beautiful spring green grassy hills for a few more months, and then turn to a golden color as the weather gets warmer and dryer.

Life is all about change, and this year seems we are getting a double dose. How does one prepare for change, especially when one isn't sure what then life is going to be like? One thing for sure, it doesn't work to resist what we have no control over. Just think if we go around resisting spring feeling angry, a victim and begrudging the weeds because we can't stop what is coming.

What I'm describing is the attitude we take about the unknown and the inevitable change is what matters. The following are good reminders: "What we resist persists" and "What is resisted is empowered." We may not have control over what's happening, yet we can have control over our attitude. Some people when they take that first look out the window judge their entire day, and can only be happy if they see a clear blue sky. I suggest first thing in the morning to thank God for this day; I am grateful because I am here another day. Then when looking out the window to add "beautiful" such as, it's a beautiful cloudy day, a beautiful foggy day, a beautiful rainy day, or a beautiful sky-blue day, and I will rejoice in it. There may be some work to be done, and again it is the attitude that makes the difference in how we will enjoy or not the work at hand.

The first thing in the morning for some people is to turn on the news and get up-to-date on all the troubles of the world. Then emotionally all involved they become broadcasters by repeating the news they just heard. Being knowledgeable is important, but how we prepare our consciousness first thing in the morning helps to set the tone, our attitude for the rest of the day. When we start our mornings with spiritual truth, we can then be broadcasters of truth, love and joy. What a difference this kind of attitude will make for our own sense of wellbeing, but also for those around us and can impact the collective consciousness of the entire world. We are no longer resisting change but assisting change in the world for a greater good to come forth. Nona L. Brooks wrote, "The world, as never before, needs you and me. It needs are unwavering faith in God. It needs are positive certainty of God-in-man—the Christ. It needs our steadfast love."

“Blossoming in the Soul” by Rev. Teresa Stuefloten, M.Div.

The first day of spring in 2026 is Friday, March 20th. Spring is a time of growth. After the winter's dormancy, nature gives signs of new growth. The bulbs begin to grow after resting in the soil for the winter. Daffodils, Tulips, Lillies, Iris, Freesias and more begin to push their new bright green leaves and stalks out of the ground, and plump flower buds appear at the end of the stalks. Fruit trees begin to blossom with clouds of delicate pink and white flowers. In my yard the California Poppies and the Calendulas put on quite a display with a sea of bright orange flowers. Our spiritual growth can be like this. Sometimes our spiritual practices may lie dormant for a time. Then an inspiration for spiritual growth appears. It may be something we read, something

we watched or listened to, a friend sharing a spiritual experience, or it may just be an inner prompt from our own inner wisdom saying, "It's time."

Our Soul, our higher true Self, is always ready and waiting to grow. Is now the time for you to begin going deeper in your spiritual practice? If your meditation practice has gone dormant, I invite you to begin with a daily meditation at whatever time of the day works for you. Make a commitment to your soul that you will be there at that time, eyes closed, sitting quietly, allowing yourself the gift of Divine communion. You can begin with 5 or 10 minutes and keep adding a little more time each week. If you are already meditating daily, perhaps this is the time to begin lengthening your meditation time, or consider adding a second meditation time to your day. Your spiritual life will begin to blossom as you keep your commitment to your Soul. May you blossom in the joy of the Soul!

Ways to Feed Your Soul

Call in at 1-518-418-1389 for the Sunday Service live Podcast at 11am PT, and Wednesday Chakra Meditation at 6pm PT. Go to our website, www.CommunityofInfiniteSpirit.org and click on "Healing Words" to listen to the Sunday service and Wednesday meditations, or read them. Click on Facebook, Instagram and YouTube for our Podcasts, affirmations and writings. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969. Divine Science courses are available by correspondence and online by Zoom. We have two metaphysical book study groups you can join online via Zoom. Contact Rev. Christine for more information 831-313-1696 or infinitepirit@comcast.net.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am an individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

Spiritual Support

Rev. Christine Emmerling D.D. at 831-313-1696 / cell 408-293-3838 infinitepirit@comcast.net,
Rev. Teresa Stuefloten M.Div. cell 408-888-4637 or teresastuefloten@yahoo.com.

Your Donations Make a Difference: Your donations go to support this ministry's work. To donate go to our website at <https://www.communityofinfinitepirit.org/donate>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

In Service with Love and Joy,

President Cheryl Magill; Secretary Rev. Teresa Stuefloten, M.Div.;
Treasurer Sheree Garrett; At-large Debbie Yardley;
Ex-officio Rev. Christine Emmerling, D.D.

Our Vision

We are a light unto the world,
for individual and global peace,
spiritual understanding and abundant life.

Our Creed is Love

Our Path is Service

Our Goal is God Awareness!