

# Community of Infinite Spirit (CIS) A United Divine Science Online School Office: 1160 Richard Rd, Hollister, CA 95023 408-293-3838 / 831-313-1696

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Mother's Day May 11, 2025

May 2025

Dear Friends of CIS,

**Upcoming Zoom Classes:** Divine Science Bible Course May 13<sup>th</sup>, Tuesdays 1pm PT; Starting a new book "Wisdom of Souls; Case studies of life between lives from the Michael Newton Institute, on May 20<sup>th</sup>, Tuesdays 7pm PT. Contact Rev. Christine for details.

#### "Life and More Life" by Rev. Christine Emmerling

The month of May involves both birth and death. We honor mothers and those who died serving our country. Birth and death are so intertwined. We can't have one without the other, at least in this experience we call life. There is a book by Joel Goldsmith titled *A Parenthesis in Eternity*. That is what he calls this life which is having endless experiences. A book may have several parts that is divided into chapters, and each chapter may have smaller sections. Countless stories about the same individual entity and its many characters. The Bible mentions the Book of Life that has our name written in it. Think about it, that we may each have our own book of life that goes on infinitely as our never-ending story.

Don Miguel Luiz writes about how we are all storytellers. Day and night we are making up and experiencing our stores. Until when? Until we wake up and realize that we are the one telling the story. It was May 1997, when my mother made her transition. She had been in a coma for some time. When suddenly she opened her eyes and said "Oh!" and that was her last word and breath. It was like someone awakened her to leave this experience; her time here was over. My mother took her last months preparing for her departure. It was during a visit by our dear friend Dr. John Lovelace that she wanted to know if he could spiritually help her to leave. His answer was simply "A person has so many breaths in this life, and when we take our last breath that is it." This answer wasn't what she was looking for, but it would have to do.

Just think, we are all born and have so many breaths, and then this life experience is over. For some it may just be a few minutes while others 100+ years. Each life just as important. Each life has its purpose here on earth. We come here as a helpless infant. We are provided with a birth mother and father and/or caretakers. Every soul comes here as an explorer, seeker of life and knowledge. The infant is learning about how to maneuver its body. The toddler explores with everything going into its mouth. The learning goes on till the day we take our last breath. What do we then do with all these life experiences? My understanding is that we're all here on earth learning about the many dimensions of love. We are each an eternal life force of love. We are discovering how to be and express this love in its purest vibration, and then life goes on birthing ever new expressions.

#### **Growing in Spirit by Rev. Teresa Stuefloten M.Div.**

It's that time of the year I love! It's time to plant a garden! My favorite nursery, Johnson's Garden Center in Morgan Hill, CA knows all of the gardening enthusiasts have just been anxiously awaiting the time to plant their spring garden that will produce bright flowers, and delicious veggies in the summer. They have single plants and 6-packs of everything under the sun! So far I

have planted cucumbers, yellow squash, peppers, peas, 4 kinds of tomatoes from small cherry to large heirloom, and 6 packs of beans and corn are awaiting my clearing of a bed so they can be planted.

I have weeded and tended my garden beds a lot, preparing them to support the optimal growth of the new plants, and I still have more to do. I have also planted seeds of carrots, radishes and lettuce in my garden and am keeping them watered. The radishes are already beginning to sprout!

How about tending to our spiritual garden this time of the year? What old beliefs can you pull out that no longer serve you? Sometimes a weed at first appears to be a plant you might want to keep until it grows large with a root system so deep that it's holding on tenaciously and difficult to remove. What beliefs do you have that have taken hold in your consciousness and deserve to be pulled out and tossed into the bin?

If you are like me, and grew up in a traditional church, you may have subconsciously held onto beliefs that you have outgrown now that you have embraced New Thought. One of those beliefs for me was the concept that we are born "sinful and unclean." This was in a creed that I was taught to recite in church every Sunday. In Divine Science we believe that each of us is made in the image and likeness of God, perfect and complete in every way. Since God is perfect, how and we be anything other than perfect at our core? We are growing in Spirit as we release the beliefs that we now recognize as false and embrace Truth.

Like preparing a garden bed, we can tend to our spiritual practice in ways that facilitate our optimal growth in Spirit. Meditation is one of the ways we tend our spiritual garden, letting go of worries, stress, false beliefs, and fears. By going within daily in meditation we are watering our spiritual garden with Divine communion. As we rest in the silence, communing with God, getting quiet enough to hear the messages of Spirit, our fears, worries, and stress are relieved. Even just 20 minutes a day of meditation does wonders for our spiritual garden, allowing it to flourish. False beliefs fall away as Truth is revealed in the silence. In meditation we are planting seeds of peace, harmony, love, kindness, caring, compassion, and faith. As we continue to tend our spiritual garden these qualities grow in us, bringing us back to the realization who we truly are: Spirit having a human experience. Tend your spiritual garden daily and you will be delighted with your spiritual harvest.

## **Ways to Feed Your Soul**

Sunday Service live Podcast at 11am PDT, and Wednesday Chakra Meditation at 7pm PDT: May 7, Rev. Teresa; May 14, Rev. Christine; May 21, Rev. Sheree; May 28, Rev. Teresa; April 30, Rev. Sheree. You may call in to both at 1-518-418-1389.

Website, www.CommunityofInfiniteSpirit.org and click on "Healing Words." For your listening and reading pleasure. Our inspirational writings include Sunday talks and meditations in text format. We have Podcasts of our Sunday Service and Wednesday Meditations. On our website calendar we have daily affirmations. You may also go to our Facebook page or YouTube channel Community of Infinite Spirit to listen to our Sunday Service and meditations. Facebook and Instagram both have our affirmations and inspirational messages. Help us grow by liking us, subscribe and share with your friends. Call in for an inspirational message at 408-286-6969.

Divine Science courses are available by correspondence and Zoom. We also have two Zoom metaphysical book study groups on Tuesdays at 7pm PT & Wednesdays at 11am PT. Contact Rev. Dr. Christine for more information.

Daily Affirm the Divine Science Statement of Being: "God is all, both invisible and visible. One Presence, One Mind, One Power is all. This One that is all, is perfect life, perfect love, and perfect substance. I am (we all are) an individualized expression of God, and am ever one with this perfect life, perfect love and, perfect substance."

### **Spiritual Support**

Rev. Dr. Christine at 831-313-1696 / 408-293-3838 cell or infinitespirit@comcast.net, Rev. Teresa Stuefloten M.Div, cell phone 408-888-4637 or teresastuefloten@yahoo.com. Rev. Sheree Garrett (Outreach Ministry) cell phone 408-218-2897 or gsheree216@gmail.com

**Your Donations Make a Difference:** Your donations go to support this ministry and non-profit charities. To donate go to our website at <a href="https://www.communityofinfinitespirit.org/donate">https://www.communityofinfinitespirit.org/donate</a>. Or send to Community of Infinite Spirit, 1160 Richard Rd, Hollister, CA 95023. All donations are tax deductible. Community of Infinite Spirit thanks you.

## In Service with Love and Joy,

President Cheryl Magill, Secretary Rev. Teresa Stuefloten, M.Div.; Treasurer Rev. Sheree Garrett At-large Debbie Yardley; Ex-officio Rev. Christine Emmerling, D.D.

> Our Creed is Love Our Path is Service Our Goal is God Awareness

OUR VISION

We are a Light unto the World

For Individual and Global Peace
Spiritual Understanding and Abundant Life!

Our Mission is to be aware of the Infinite Spirit that is All:
both invisible and visible.

To live a God inspired and fulfilling life in peace, love and joy.
To teach Universal Principle of "Omnipresence."
To respect all world religions, all people, and all life.
To be a supportive spiritual community for the good of all.